

Informed Consent

As with all diet and exercise programs, consult your health practitioner prior to beginning this program. This person will be your primary contact with regard to any unusual health issues you may experience while on this program. Synergia Healing Arts, Inc. / Samantha St. Julian are acting in the capacity of coach only, not a primary health care practitioner.

POTENTIAL RISKS

Homeopathic hCG - and digitally-encoded remedies - have been known to be virtually free of negative side effects. However, there are a few conditions which can be potential issues with the hCG protocol:

- **Gout**

Gout typically develops after a number of years of buildup of uric acid crystals in the joints and surrounding tissues.

Symptoms: Warmth, pain, swelling, and extreme tenderness in a joint, usually a big toe joint. Pain that starts during the night and is so intense that even light pressure from a sheet is intolerable. Rapid increase in discomfort, lasting for some hours of the night and then easing during the next few days occurs. As the gout attack subsides, the skin around the affected joint may peel and feel itchy.

Other symptoms may include: Very red or purplish skin around the affected joint, which may appear to be infected. Fever. Limited movement in the affected joint.

History of previous episodes.

- **Gallbladder Disease**

Homeopathic hCG - and digitally-encoded remedies - have no ill effect on gallbladder disease. However, on this protocol, you will follow a very low-calorie, low-fat diet that can trigger a gallbladder attack in individuals who are genetically pre-disposed to gallbladder disease. If your gallbladder has been removed, treatment can proceed normally without risk.

Symptoms of a gallbladder attack: Epigastric or right upper quadrant pain accompanied by nausea or vomiting; a desire to walk in order to alleviate the pain.

History of previous episodes.

- **Elevated Blood Pressure**

For elevated blood pressure, a diuretic may be required as well as increased potassium intake. If you follow the protocol, you will not need to take them very long since weight loss has such a dramatic effect on blood pressure. Please check with your primary health care practitioner on this issue.

CONSIDERATIONS

Many conditions are improved by taking oral homeopathic hCG - and digitally-encoded remedies. Reports include improvement in sleep, skin and mood; a stabilization of blood sugar, blood pressure and cholesterol; and an improvement of psoriasis, peptic ulcers and hair loss.

Alcohol Sensitivities

These drops may be given in a teaspoon of water if you are sensitive to alcohol. The dose should be allowed to remain in the mouth (under the tongue) for at least 10 seconds before swallowing.

Allergies

The possibility of adverse reaction should be considered if you have a history of allergy or sensitivity to any ingredient in your remedy.

Persistent Pain or Condition

If pain or condition persists or worsens, it may be an indication that there is a more serious underlying condition. Seek medical treatment if symptoms continue, worsen or recur for more than 3 days.

Pregnant or Lactating

As with any drug, if you are pregnant or nursing a baby, seek the advice of your health professional before using this product.

Children under 12 Years of Age

Consult a homeopathic physician for use in children under 12 years of age.

While homeopathic – and digitally encoded - remedies do not have negative side effects (such as those commonly associated with synthetic drugs), a "proving" may occur within the first 72 hours of taking the remedy. Proving is symptoms caused by the action of the frequencies, are generally mild in appearance and may be determined by discontinuing the dosage. If symptoms do not lessen within 24 hours, it is not likely that they were caused by the homeopathic.

It is natural for modest symptoms to be exhibited during the healing and cleansing of the body, but when symptoms grow in intensity or persist for a prolonged length of time, other causes should be investigated.

Legal Disclaimer

Any claims made about this product have not been evaluated by the United States Food and Drug Administration (FDA) and are not approved to diagnose, treat, cure or prevent disease. The information provided is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional. You should not use the information in this literature for diagnosis or treatment of any health problem. You should consult with a healthcare professional before starting any diet, exercise or supplementation program, before taking any medication, or if you have or suspect you might have a health problem.

Do not use during pregnancy or while nursing except as directed by your health care professional. Always work with a doctor's supervision for maximum safety. As with any drug, if you are pregnant or nursing a baby, consult a health professional before using this product. Consult a physician for use in children under 12 years of age. If conditions worsen, recur or persist for more than 7 days, consult your physician. Keep out of reach of children. Do not use if tamper resistant seal is broken or missing.

With homeopathic remedies, while adverse reactions are extremely rare, there is always the potential for an allergic or unusual reaction that may cause skin rash, difficulty breathing, collapse or even death.

Further, hCG has not been approved by the FDA as a weight loss product. For this reason, it will not be sold as a single item, but rather as an element of this weight loss program.

Notice of Privacy Practices

In accordance with HIPAA federal regulations, Synergia Healing Arts, Inc. / Samantha St. Julian will not disclose any information about you or your personal health without your permission. All information received will be kept confidential.

I understand that this program may involve risk, that there are no refunds, returns or credit for products or fees, and that there is no weight loss guarantee. I have asked and had answered any questions that I may have after reading this form and this program.

I understand the possible side-effects and that I may quit the program at any time. I agree to stop the hCG if I become pregnant. No adverse side effects or complications are expected, but in the event that an illness does occur, I understand that I need to contact my health care practitioner. If I experience an emergency situation, I understand that I need to go to an emergency facility.

YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE READ THE INFORMATION ABOVE, HAVE HAD YOUR QUESTIONS ANSWERED, HAVE HAD POTENTIAL SIDE EFFECTS EXPLAINED, AND AGREE TO NOTIFY YOUR HEALTH CARE PRACTITIONER OF ANY CHANGE IN YOUR HEALTH STATUS.

Your Name (PLEASE PRINT)

Signature

Date



I understand that I will receive a one-time \$25 rebate check for each referral I make who signs up for the program. There is no limit to the number of these rebates

OR

I choose to participate in the "**Pay It Forward Fund**" to help others with my rebate who could not otherwise participate in this program.

Who/What inspired you to start this program? Please check one:

Synergia web site Other Friend _____

PLEASE PRINT full name & address



Please print, sign and return (via USPS or E-Mail) this page immediately to:

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